



**JESSICA**  
**WHITE**

**Environmental  
Studies, B.A.**

SEAA Club President,  
Psych Small Group Leader,  
Alpha Group Leader (2020)

**WHAT'S NEXT**

I plan to take a gap year and study abroad in Costa Rica. While I'm in Costa Rica, I will be completing my final course with Loma through Au Sable and continuing on to complete a 6-month Spanish immersion program. The hope is to return to San Diego and apply for a bilingual case management position and apply to grad schools for a Marriage and Family Therapy program.

**HOPE FOR THE FUTURE**

I hope to help people better their relationship with themselves so that they can create a more just and kind world. Therapy has been instrumental in my ability to form healthy relationships with myself and others, and I hope to continue giving that gift to others through my practice. I plan to focus primarily on engaging with the BIPOC and queer community, as members of marginalized communities have often been shunned from therapeutic spaces, and I hope to help remove barriers to access so that they can also experience transformational healing.